

Prayers For July 2007

(from the Mass for the 15th Sunday of the Year)

Meditation 1 Deuteronomy: 30: 10-14

Moses said to the people: "Obey the voice of the Lord your God, keeping those commandments and laws of his that are written in the Book of this Law, and you shall return to the Lord your God with all your heart and soul.

For this Law that I enjoin on you today is not beyond your strength or beyond your reach. It is not in heaven, so that you need to wonder, 'Who will go up to heaven for us and bring it down to us, so that we may hear it and keep it?' Nor is it beyond the seas, so that you need to wonder, 'Who will cross the seas for us and bring it back to us, so that we may hear it and keep it?' No, the Word is very near to you, it is in your mouth and in your heart for your observance."

Responsorial Psalm Psalm 116

Seek the Lord, you who are poor, and your hearts will revive.

1. This is my prayer to you,
my prayer for your favour.
In your great love, answer me, O God,
with your help that never fails:
Lord, answer, for your love is kind;
in your compassion, turn towards me.
2. As for me in my poverty and pain
let your help, O God, lift me up.
I will praise God's name with a song;
I will glorify him with thanksgiving.
3. The poor when they see it will be glad
and God-seeking hearts will revive;
for the Lord listens to the needy
and does not spurn his servants in their chains.
4. For God will bring help to Zion
and re-build the cities of Judah.
The sons of his servants shall inherit it;
Those who love his name shall live there.

Concluding Prayer

God our Father, help us to remember that your help is always close at hand, and that you listen to the needy, and that your love never fails. **Amen**