

**Prayers for October**  
**(from the Mass for the 27<sup>th</sup> Sunday of the Year)**

**Meditation: 2 Timothy: 1: 6-8, 13-14**

I am reminding you to fan into a flame the gift that God gave you when I laid my hands on you. God's gift was not a spirit of timidity, but the Spirit of power, and love, and self-control. So you are never to be ashamed of witnessing to the Lord, or ashamed of me for being his prisoner; but with me, bear the hardships for the sake of the Good News, relying on the power of God.

Keep as your pattern the sound teaching you have heard from me, in the faith and love that are in Christ Jesus. You have been trusted to look after something precious; guard it with the help of the Holy Spirit who lives in us.

**Responsorial Psalm: Psalm 94**

*O that today you would listen to his voice ! Harden not your hearts.*

1. Come, ring out our joy to the Lord,  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord. **(R)**

Come in; let us bow and bend low;  
let us kneel before the God who made us  
for he is our God, and we  
the people who belong to his pasture,  
the flock that is led by his hand. **(R)**

O that today you would listen to his voice !  
“Harden not your hearts as at Meribah  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.”. **(R)**

**Concluding Prayer:**

Father, your love for us surpasses all our hopes and desires. Forgive our failings, keep us in your peace and lead us in the way of salvation. Amen.

*A Commentary by Father Harry Curtis on the text for meditation can be found on the Teams of Our Lady Website – <http://www.teamsofourlady.org.uk>*